

January 2008

On January 7th, Star Barn Yoga officially opened its door to the public. Currently classes are scheduled there on Monday and Wednesday (click on “YOGA” in the menu on the home page to get to the full yoga schedule). What a wonderful experience to be able to bring yoga and all its benefits to the people of Madrid and the surrounding towns. With candles lit and soft music playing, our classes have enjoyed practicing yoga with the amazing views of Mt. Blue, Pope, Blueberry, and Jackson Mountains. I am meeting with local holistic practitioners over the next month to start planning workshops and retreats.

There are three bedrooms ready to go in the B&B, as well as completed kitchen, dining room, parlor and loft. The front foyer is painted, just waiting for the floor to be finished and the stair case from the first to second floor is about 50% finished. The next couple of weeks will see the finalization of most of what needs to be done. We have a few reservations for February, and one person has already signed up for a yoga class on the day she arrives.

We are so grateful for the support of friends and neighbors in this project. We have been interviewed by local reporters with the result being excellent stories about our project in all the local papers. We are planning an Open House for March. More on that in the next newsletter.

So now we can start thinking about paying attention to our life again. Life? We have a life? Seems like ages since we weren't completely focused on this project – all the thought, preparation, problems, set backs, gains and work, work, work! But we feel this has all be worth the effort. We know in our hearts we have done something good that will produce good results.

May 2008 be happy, healthy and prosperous for us all!

Ginni and David Robie