

January 2009

Happy New Year! As we reflect on 2008, we recognize we've had an amazing year, touched by both the good and the not so good. Star Barn B&B's opening last winter brought our dream to reality. We had a great response to the B&B, doubling the number of new friends we made during the year we offered rooms from the Guest House. Star Barn Yoga has grown in leaps and bounds, with 4 classes a week in the studio and another 6 scattered about Franklin County. People are looking for a way to gently get healthy-more and more are finding that Yoga can do just that! And Star Barn Uniques put over \$1600 into the bank accounts of the very crafty contributors who fill the shelves in the gift shop.

A new year and new beginnings. This year we are so excited about hosting several retreats. The first is a weekend Yoga Retreat, scheduled for Jan 30-Feb 1 (see the home page of the web site to click on information). This retreat's theme is "Beginnings". We will be exploring some holistic practices some of us have never spent time with before. Acupuncture and Meditation and Restorative Yoga and a bit of Kundalini Yoga added to the mix.

Next up is a Poetry Writer's Retreat (info also attainable from the home page) toward the end of February. There are a few Quilters' Retreats on the calendar and another Yoga Retreat will be offered in late summer.

On a personal note, we've been blessed with twin girls to add to our ever growing number of grandchildren, with another due next month. Unfortunately, the feared monster, Cancer, raised its ugly head last spring. After surgery and 6 months of chemotherapy, we feel confident the monster has been slain and will rear its head no more. It may have slowed us down a bit, but it didn't win the battle!

We are still tweaking the interior of Star Barn and have more work to do on the exterior, and we know we'll see all that completed this year. We will continue to strive to bring our guests the most comfortable accommodations with interest hiding in every nook and cranny; to provide the most delicious breakfasts; to provide facilities for area groups to gather; to work closely with Reeds Mill Church and the American Red Cross; to offer the simple yet lavish beauty of the woods and mountains year round to you.

Ginni and David Robie